



How we make Comb Honey

Comb honey, or cut comb as it is also known, is a very traditional way of eating honey where the bees wax comb containing the honey, is eaten as well as the honey.



These days bee keepers put wooden frames inside a bee hive that have a wax sheet in them. The sheet is embossed with the bee hexagon shape and the bees use this as a template to develop the cells they will put the nectar in.

The wax also has wire running through it to strengthen it so when it's put in the extractor that rotates at high speed, the wax sheet doesn't fall apart.

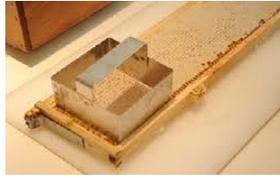
Once the bees have converted the nectar into honey, they make wax caps to seal the cells and to extract the honey the bee keeper cuts the cell cappings away and puts the frames into an extractor.



To produce comb honey, the bee keeper uses the same wooden frames but with a different type of wax sheet which has the same bee hexagon design but is thinner than the normal sheets and also doesn't have any wire in it as it won't be put in an extractor.



Once all the cells have been capped, the bee keeper uses a stainless steel cutter to cut chunks of the comb with the honey still in it.



The blocks are put in plastic containers with a lid and packaged.

The beeswax makes comb honey more aromatic than jarred honey, and the smell, taste, and even consistency differs depending on the flowers the bees visited to produce the beeswax and honey.

Beeswax is completely safe for you to eat. When eating comb honey by itself, you will be left with a bit of wax in your mouth. You can spit it out, chew it like chewing gum, or swallow it.

How to eat comb honey

- Spread a thin slice of comb honey on warm buttered toast or a muffin.
- Top a multigrain biscuit with your favourite cheese and a small cube of comb honey.
- Enjoy small cubes of comb honey on salads, spread with a celery stick.
- Make a peanut and comb honey sandwich and add some bacon bits.
- Add small chunks of comb honey to a fruit cocktail.
- Add comb honey to pancakes or your favourite breakfast cereal.

Or just eat it just as it is!

